

Stress-free Friday

Acupuncture Happy Hour

With Ki Ennes M.Ac., L.Ac.

Begins April 17th. 6:15-7:30pm

Experience deep relaxation. De-stress and detox.

Participants sit comfortably in a quiet, soothing atmosphere with 5 tiny acupuncture needles in each ear.

Session lasts from 25 -40 minutes.

\$15 per person.

Doors close at 6:30pm.

No appointment necessary.

Group Auricular Acupuncture can benefit the following-

- Insomnia
- Anxiety
- Stress
- Alcohol and Drug addiction
- Sugar cravings
- Caffeine and Nicotine addiction
- PTSD
- Depression
- PMS

and much more.

**1st and 3rd Fridays of each month
at Yoga Source**

Questions? Call Ki Ennes 274-8002